

Kole Plastic Surgery Center

Emergency Room Discharge Instruction Sheet for Lacerations

Wound Care Instructions

- **Keep the area clean and dry at all times.**
- **Apply a thin layer of Bacitracin, Neosporin or Triple antibiotic ointment to the suture line twice daily.**
- **If dried blood or crusting occurs between the sutures, apply peroxide to a Q-tip and gently remove.**
- **You may shower 24 hours after the sutures are placed.**
- **After showering, pat the area dry. Do not rub.**
- **Do not use Band-Aids or other bandages unless specifically directed.**
- **Do not submerge the wound in water for prolonged periods of time. (No swimming or bathing)**
- **If prescribed, take antibiotics and pain medicines as directed.**
- **Avoid aspirin or aspirin containing products for two weeks.**
- **Avoid all sun exposure to the laceration. Do not use sunblock until the sutures are removed.**
- **Avoid the use of home remedies: Vitamin E, Cocoa butter, Aloe etc.**
- **The follow up appointment for suture removal should be scheduled for _____.**
- **Call the office on the next business day at (215) 354-1010 to make this appointment.**
- **Please call the office for any questions or unforeseen problems.**

I have read and understand the above instructions. My questions have been satisfactorily answered and I have received a copy of these instructions.

Signature _____

Date _____